



www.thehrmisfit.com

Ami Graves

MOTIVATIONAL SPEAKER
& WOMEN'S COACH

MEDIA KIT

Hi. I'm Ami!

MOTIVATIONAL SPEAKER & COACH

I'm Ami Graves—a bold executive leader, speaker, and coach who's spent 25 years navigating the intersection of business strategy, leadership growth, and the real-life demands of being a working mom of six. I've built people-first cultures inside tech companies while managing the chaos of family life, and I've coached women through the pivotal moments that define who they are and who they're becoming.

Through powerful storytelling, humor, and lived experience, I challenge traditional leadership narratives and help women and organizations move from stuck to unstoppable. Whether I'm on stage, coaching one-on-one, or hosting The People of Work podcast, I bring heart, clarity, and a fierce belief in what's possible. Here's what I know: We don't have to choose between ambition and authenticity, or power and presence. We get to lead with both.



Speaker Series

SPEAKING TOPICS

- ✓ Everything I Learned About Leadership From a Pediatric Hospital
- ✓ From Self-Doubt to Self-Definition: Conquering Imposter Syndrome
- ✓ Bold and Kind: The New Leadership Power Combo We've Been Waiting For
- ✓ RISEwork: Rewrite the Rules, Reclaim Your Voice, Redefine Success



**HR Executive in
Tech**

**Women's Advocate &
Entrepreneur**

My Approach

Whether I'm speaking to a room of executives, emerging leaders, or frontline managers—or coaching women through pivotal career and life transitions—I combine authenticity, humor, and hard-earned insight to create experiences that move people to think differently and take action. My approach is:

- Relatable – Real stories. Real challenges. Real solutions.
- Inspiring – Personal and professional lessons that spark growth.
- Actionable – Clear tools and takeaways people can apply immediately to create change.

The Podcast

WWW.THEPEOPLEOFWORK.COM



I started The People of Work because I've always believed that behind every job title is a story worth hearing. As an HR leader, coach, and lifelong student of people, I've seen firsthand that no two career paths look the same—and that's exactly what makes them powerful. This podcast is my love letter to the winding roads we all travel. It's not just about résumés and job ladders—it's about real people navigating identity, ambition, failure, growth, and everything in between. Each episode is an invitation to sit with someone and hear the truth behind their journey—what shaped them, what surprised them, and what they've learned about work, life, and themselves along the way. From baristas to CEOs, artists to analysts—these stories will challenge how you think about work and maybe even how you think about yourself. If you've ever wondered how people really got where they are, or if you're figuring out your next move—this show is for you.



SAMPLE EPISODES

From Law to Leadership: A Career Reinvented

with guest Rafael Sanchez

She is Her Ancestors' Wildest Dreams: An HR Leader's Journey

with guest LaToya Davis

From Frozen Yogurt to Fine Dining: The Evolution of a Restaurant Leader

with guest Mike Cunningham

The Working Mermaid: A Real-Life Tale from the Aquarium

with guest Sabrina Rose

The Blog

WWW.THEHRMISFIT.COM

The HR Misfit Blog was created to push past the traditional, transactional view of HR. I write for professionals who know that great HR isn't just about policies and perks — it's about driving real business results. This platform is where I explore how HR leaders can understand the full impact we can have because when we understand the business, we build better strategies for the people inside it.

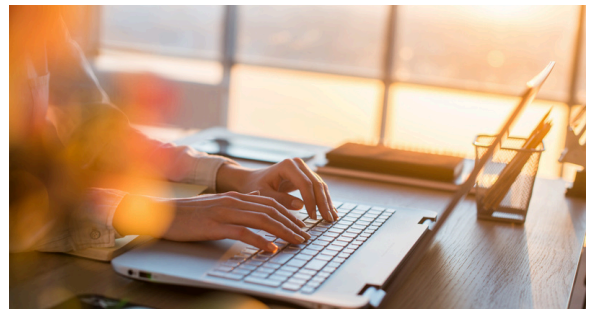


ABOUT ME

Runs on cold brew and candor

Believes HR should sound more like real people and less like legal disclaimers

Wears sneakers to board meetings — because strategy moves fast



BLOG POSTS

Riding the Waves of Change –
Top HR Trends for 2025

The Most Underrated Skill in HR?
Courage.

Embracing the Shift: Why HR
Can't Afford to Ignore AI

Coaching & Consulting

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WHO I WORK WITH

- Women stepping into leadership (or redefining it on their own terms)
- Entrepreneurs juggling vision and real life
- Women navigating identity, and belonging
- High-achievers who feel like they've checked all the boxes—but still feel unfulfilled

WHAT YOU CAN EXPECT

- Clarity about your next chapter
- Tools to stop shrinking, hiding, or burning out
- Language to advocate for what you need
- A coach who won't sugarcoat—but will stand with you

GET IN TOUCH!

You're not stuck—you're just out of alignment. Let's fix that. Through my coaching programs, I help women step into their power without losing themselves in the process. Whether you're navigating a career shift, leadership challenge, burnout, or just feel like something needs to change—you're not alone. And you don't have to figure it out on your own.



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